

2020 BOYS LACROSSE MODIFIED RULES

EQUIPMENT:

MODIFIED LACROSSE PLAYERS ARE **EXEMPT** FROM THE UNIFORM OUTER CLOTHING AND HELMET COLOR REGULATION (REFER TO NFHS RULE BOOK FOR BOYS LACROSSE)

GAME RULES:

FOLLOW ALL NFHS RULES FOR BOYS LACROSSE!! Including this year's 2020 NFHS Rule Additions :

Rule 5-5 Use of an illegal crosse carries a two minute, non-releasable penalty. The crosse can be corrected and allowed to be returned to the game.

Rule 5-10 e Throwing a crosse at the ball, at a player, or other game personnel shall be a one to three minute non-releasable penalty.

Rule 6-5 Art 2 b 1. Throw the crosse other than at the ball, player, or game personnel shall be a technical foul

EXCEPTIONS-

Game Rules:

- 1. The length of quarters, including a fifth quarter, shall be 10 minutes.*
- 2. In the event of a tie, there shall be one 4-minute sudden victory overtime.*
- 3. A one-arm swing with a crosse, whether contact is made or not, shall be considered a personal foul--slashing. This includes the over-the-head check.*
- 4. There shall be no such thing as a "brush" in the modified program. Contact between the crosse and helmet is a personal foul.*
- 5. In a five-period lacrosse game, the "mercy rule" shall be in effect at the end of the third period of play. .*
- 6. Substitutes are permitted whenever the ball goes out of bounds. (Horn)
During live play shall be on the fly.*
- 7. When a goalie gets a penalty, the in-home player may serve the penalty if a second goalkeeper is unavailable.*
- 8. A goal will be disallowed after the horn sounds to indicate the end of the period.*
- 9. For all restarts, ALL players shall be 5 yards or more away from the players in possession of the ball.*