

<b>RULE</b>	<b>HV10U</b>	<b>CONNY 10U</b>	<b>HV 12U</b>	<b>CONNY 12U</b>	<b>HV 14U</b>	<b>CONNY 14U</b>
PLAYERS >>>>>>>	7v7 or 10v10	8v8 or 10v10	10v10	10v10	10v10	10v10
SUB AREA >>>>>>>	10 + 10 yds	none	10 + 10 yds	5+5 yards	10 + 10 yds	5+5 yds
COACH ON FIELD >>>>>>>	if teams agree	NO	NO	NO	NO	NO
LONG STICKS >>>>>>>	only 37-42	only 37-42	NFHS rule	NFHS rule	NFHS rule	NFHS rule
GOALIE ARM PADS >>>>>>>	not required	not required	not required	not required	not required	not required
SHOOTING STRINGS@4INCHES >>>>	no limit	2 minute NR	no limit	2 minute NR	no limit	2 minute NR
STICK CHECKS >>>>>>>	1 coach request	NO	1 coach request	2 per game	1 coach request	2 per game
F/O SHAFT COLOR >>>>>>>	NO	NO	NO	NO	NO	NO
LENGTH OF QUARTERS >>>>>>>	12 min running	4x10 or 2x25 run	12 running	8 minute stop	12 running	10 min stop
12 GOAL LEAD RUN CLOCK >>>>>>>	NO	NO	NO	NO	NO	NO
OVERTIME PERIODS >>>>>>>	NO	NO	max of 2 periods	NFHS rule	NFHS rule	NFHS rule
10 OR 20 COUNTS >>>>>>>	NO	NO	NO	if teams agree*	if teams agree*	if teams agree*
OVER AND BACK >>>>>>>	NO	NO	YES	NO	YES	if teams agree
Last 2 Minutes KII >>>>>>>	NO	NO	NO	YES	if teams agree	YES
"ADVANCE THE BALL" >>>>>>>	YES	no rule	YES	YES	YES	YES
FACE OFF MERCY RULE >>>>>>>	6 goals	6 goals	6 goals	6 goals	6 goals	6 goals
MERCY RULE EXCEPTION >>>>>>>	quarter start or coach election	quarter start or coach election	quarter start of coach election	quarter start or coach election	quarter start or coach election	quarter or coach election
MERCY RESTART >>>>>>>	midfield	midfield	midfield	midfield	midfield	midfield
SCORE OFF KICKED BALL >>>>>>>	YES	YES	YES	YES	YES	YES
GOALIE CLAMP ENTITLED TO BALL >>	YES	NO	YES	NO	NO	NO
TIME OUTS PER HALF >>>>>>>	2	0	2	3	2	2
SUB HORNS >>>>>>>	sideline or needed	if needed	if needed	sideline or endline	if needed	side or end
SUB ON FLY >>>>>>>	YES	NO	YES	YES	YES	YES
QUIK RESTART D W/I 5 >>>>>>>	NO	NO	coaches can agree	NO	YES	YES
AP FOR SCRUM >>>>>>>	YES	YES	YES	NO	NO	NO
2 PASS OR 4-7 SEC RULE >>>>>>>	NO	coaches choose	NO	NO	NO	NO
BODY CHECKS >>>>>>>	NO	NO	NO	NO	limited	limited
CHECK DISTANCE >>>>>>>	3 yards	3 yards	3 yards	3 yards	3 yards	3 yards
TAKE OUT CHECKS >>>>>>>	2+ fast breaks	no rule	2+ min NR	2+ min NR	2+ min NR	2+ min NR
ONE-HANDED STICK CHECK >>>>>>>	slash	slash	slash	slash	slash	slash
LTD STICK CHECKS: NO WIND UP, NO HACKS >>>>>>>	YES	only lift, poke & downward below shoulder	YES	only lift, poke & downward below shoulder	NO	only lift, poke, down unless coaches agree
UNNECESSARY ROUGHNESS >>>>>>>	fast break	fast break	no release	no release	no release	no release
PENALTIES >>>>>>>	sub and fast break	fast break unless goal or tech foul; sub	serve time	serve time	serve time	serve time
FLAG DOWN SLOW WHISTLE ENDS >>	add if ball hits ground	add if ball hits ground	add if ball hits ground	add if ball hits ground	add if ball hits ground	add if ball hits ground
PLAY ON >>>>>>>	YES	NO	YES	YES	YES	YES
WHEN GOALIE MUST SERVE >>>>>>>	use nominated defender	no rule but no anyway	2 minute penalty	USC or 2 min	2 min penalty	USC or 2 min
DISQUALIFICATION >>>>>>>	3 personal fouls or 5 min	3 personal fouls or 5 min	3 personal fouls or 5 min	3 personal fouls or 5 min	3 personal fouls or 5 min	3 personal fouls or 5 min
TARGETTING >>>>>>>	automatic eject	automatic eject	automatic ejection	automatic eject	automatic eject	auto eject
SPECTATOR USC >>>>>>>	YES	NO	YES	NO	YES	NO
GAME FEE >>>>>>>	\$70 teams share; non-HV then home pays	\$65 - home team	\$70 teams share; non-HV then home pays	\$70 home team	\$70 teams share; non-HV then home pays	\$70 home team
ONE OFFICIAL >>>>>>>	\$70	\$65	\$105	\$70	\$105	\$70
GOAL AFTER PERIOD ENDS >>>>>>>	YES	YES	YES	YES	YES	YES
*Note Rockland teams 7-8th grade all play 10/20 counts						
Discuss rules before game with coaches			version 1 2020			